



“ It’s horrible going hungry. It’s something that’s hard for people to understand if they’ve never experienced it. ”

## feed.

The LCFB distributed more than 30.5 million pounds of food in 2018. The LCFB helps fight hunger by distributing food to nearly 300 partner agencies.

## advocate.

As a member of the Feeding America national network, we advocate for our communities by increasing public awareness about the urgency of ending food insecurity. We fight hunger with emergency food assistance and culinary job training.

## empower.

The LCFB provides agency partners with nutrition education and training to empower our community to make healthy and nutritious food choices within their budget.



Mission: To lead the fight against hunger in our community.



Serving the 10 Coastal Counties of South Carolina  
lowcountryfoodbank.org | 843-747-8146



LOWCOUNTRY  
FOOD BANK

20  
18

ANNUAL  
REPORT

**I AM PLEASED** to share with you the Lowcountry Food Bank's 2018 Annual Report, with a snapshot of the community impact we made. Last year alone, through a strategic approach that provides food assistance to our neighbors who need it most, we distributed more than 25.5 million meals to children, seniors and families who struggle with hunger in the 10 coastal South Carolina counties we serve.

We proudly opened a new, 20,000 square-foot distribution center in Myrtle Beach, which significantly expands our reach and helps meet the growing need for food assistance in the Pee Dee area.

We continued to grow our produce distribution model through innovative community partnerships and provided even greater access to nutritious food, with dignity and choice for those we serve. In 2018, we distributed 8.6 million pounds of fresh produce - 28% of our total distribution!

We continued to hone programs that serve our neighbors who experience food insecurity, primarily seniors and children, by preparing and serving almost 500,000 meals to seniors last year and more than 1,000,000 meals and snacks to children through our Kids Café, Summer Meals, Backpack Buddies and School Pantry programs.

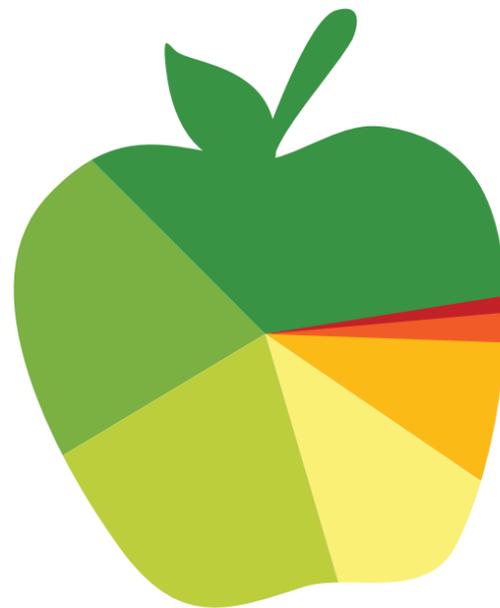
2018 was a year of great opportunity, yet we were also presented with challenges that demonstrate how our staff and partners step up in times of natural disaster. In the aftermath of Hurricane Florence, we responded to the needs of those affected by the storm by distributing over 1.8 million pounds of food, water and supplies to areas throughout our service area.

And there are some exciting new things happening in 2019! In the coming year, we will expand our production kitchen's meal distribution to reach even more seniors in our community. We will provide homeless veterans with nutritious food to ensure that they have consistent access to meals every week. We will also increase equitable access to food in every county we serve, with a focus on high-need, rural communities.

The work we do is only made possible through the continued support and confidence that you, our donors, partners and volunteers, so generously provide each and every day to ensure our neighbors can live healthier lives. We will continue to work tirelessly to fulfill our mission to lead the fight against hunger in the 10 coastal counties of South Carolina!

*Pat Walker*

PAT WALKER  
PRESIDENT & CEO



## 2018 DONATIONS CASH & IN-KIND

- 35% INDIVIDUAL GIFTS
- 21% FEDERAL FUNDING
- 21% GRANTS
- 11% SPECIAL EVENTS
- 9% CORPORATE SUPPORT
- 3% IN-KIND
- 1% UNITED WAY



**248,502**  
delivery miles  
recorded in 2018

**8.6  
Million**  
pounds of produce



**25.5  
Million**  
meals served



**497,617**  
senior meals

**1,077,576**  
kids' meals

**97%**  
of donated  
funds spent on  
programs &  
services



**200,000**  
individuals  
served

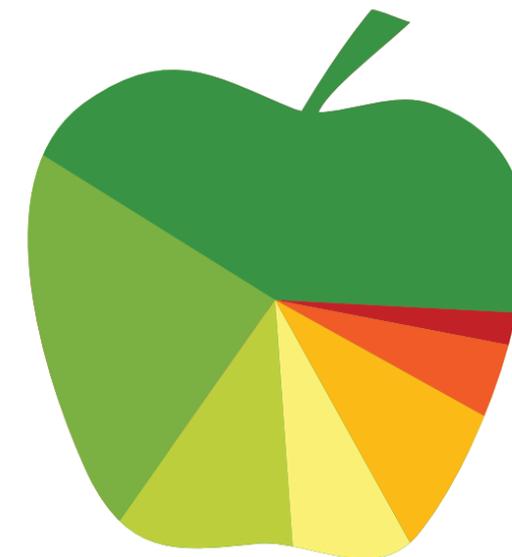
**9,000**  
volunteers  
contributed  
more than  
50,490 hours



**176,413**  
Nutrition Education  
Contacts



**30.5  
Million**  
pounds of food



## 2018 DONATIONS FOOD

- 42% RETAIL
- 24% REGIONAL/NATIONAL DONORS
- 11% USDA PROGRAMS
- 7% LOCAL/WHOLESALE DISTRIBUTORS
- 9% DIRECT TO AGENCY
- 5% PURCHASED
- 2% FOOD DRIVES

## MICHELLE'S STORY

I have two children, Brian, who is 8, and Alisha, who is 5 years old. My son has ADHD, and takes four different medicines each day. Due to past trauma and a learning disability, I am unable to work. I've filed for disability and I'm waiting to hear if I will be accepted. My husband, Ronny, works with a temp agency, but since the work he gets isn't steady or full-time, it's still hard to make ends meet.

Our family receives SNAP benefits that help us buy groceries - but with two children to feed, we usually still run out about three weeks into the month. During the school year, my kids get free lunch at school, but in the summer it gets really hard to provide that extra meal for them.

I often donate plasma to have a little extra money to feed my kids. It gives me headaches, but that's what I have to do. I also skip breakfast or lunch almost every day to help stretch our food, but I can't let my children do that. If they're hungry, I make them something to eat, because they don't deserve to be hungry.

I'm so grateful for the Summer Meals program that provides my family with lunch during the summer; I don't know what I would do without it. It's hard for me to accept help, but thanks to this program's support, I know my kids aren't hungry. They are getting the nutrients they need to be healthy and grow.