



Get to know the Staff

Evelyn Owens

Benefit Bank Coordinator

Evelyn Owens, affectionately known as Ms. Evelyn, joined our LCFB family over two years ago through Experience Works. She began as Director of First Impressions (Receptionist). In March of this year she joined the LCFB staff as the Benefit Bank Coordinator, where she assists clients applying for many available benefits that they are either unaware of or have not applied. Through her assistance the LCFB has been able to assist over 300 clients in 2011. She is available Monday through Thursday, 8am until Noon by appointment. She can be reached at 843-747-8146 ext. 103.

When asked to describe what she likes best about her job, she simply responds, “seeing our clients face when I am able to help them.” Whether it is as straightforward as helping them find an agency for food assistance or helping them with their tax preparations, she pleasingly reports “people are grateful.”

While she was born in Charleston, she and her family moved away for a period of time. They have been back in the Charleston area for over fourteen years. She and her husband are proud parents of five children (four boys and one girl) and 16 grandchildren. In her limited spare time, she enjoys her activities with Mt. Moriah Missionary Baptist and an occasional game of Scrabble™.



USDA/Civil Rights Training

- ◆ August 28—Yemassee— Mt. Nebo Baptist Church

Food Safety

- ◆ July 21—Yemassee—Mt. Nebo Baptist Church
- ◆ July 28—Charleston—Northbridge Baptist Church

Nutrition Education

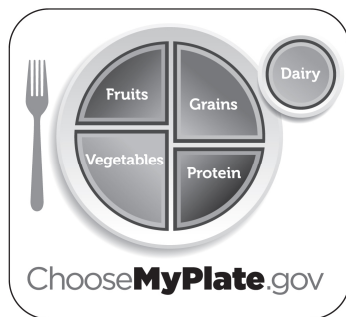
- ◆ September 15—Charleston LCFB Community Room 1

Coupons 101

- ◆ July 22—Charleston LCFB Community Room 1

All class times are 10:00-12:00 and registration is required
Please call Zakevia Lewis-Kendrick (843) 747-8146 ext. 116 or email zlewis-kendrick@lcfbank.org to register.

Choose Healthy Food for Your Clients



The food pyramid is out and the MyPlate has taken its place. This new food guide is teaching the public how to prepare a plate with proper portions. The main messages are to:

- **Balance** calories and portion sizes
- **Increase** fruits, vegetables, lean proteins, whole grains, and low-fat or fat-free dairy
- ◆ **Reduce** high fat foods and added sugar, fat, and sodium

Use this new guide to prepare food packages for your clients. Go to choosemyplate.gov for more information and to get print materials for your clients. If you would like more guidance in selecting foods that will improve the health of your clients, please contact the LCFB Nutrition Educator, Dana Mitchel at dmitchel@lcfbank.org or 843-747-8146 ext. 122.

Daryl Johnson Leaves the LCFB Family



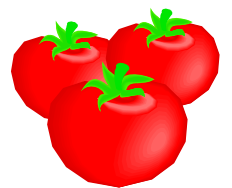
Daryl Johnson has left the LCFB in June. Daryl served as Warehouse Manager in Charleston for 6 years. He is returning to his wife’s native home in Germany, which is a promise he made to her many years ago when they returned home from his military career to raise their family

in the Charleston area.

The Board of Directors and staff at the LCFB are truly thankful for his years of dedicated support to helping end hunger in the lowcountry and wish he and his family a great deal of success in their future endeavors.

Prepare for Summer Produce

Summer is upon us and the harvest has begun! In summers past, the LCFB has been able to make watermelon, summer squash, tomatoes and other fresh produce available. In the coming weeks, look out for a variety of fresh fruits and vegetables at your Regional Food Center.



Remember to store and transport produce at appropriate temperatures to preserve freshness and quality. Store and transport fresh fruits and vegetables at 71 degrees or less. Cut melon and cut tomatoes should be stored and transported at 41 degrees or less.



The LCFB will be closed Monday, July 4th

Agency News



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LOWCOUNTRY FOOD BANK • QUARTERLY MEMBERSHIP NEWSLETTER



D. Jermaine Husser accepts position with Greater Pittsburgh Community Food Bank

At the end of July, our Executive Director, D. Jermaine Husser will be moving to direct the Greater Pittsburgh Community Food Bank in Pittsburgh, Pennsylvania. On behalf of the Lowcountry Food Bank Board of Directors, staff and stakeholders, we would like to congratulate him on this exciting opportunity, and express great appreciation for his dedication and commitment to serving the hungry throughout the 10 coastal counties of South Carolina.

Jermaine has a strong leadership team in place that will continue the exemplary work of distributing food to families in our area. As Board Chair, I will oversee operations at the food bank, as well as the search committee to find the best qualified candidate to fill the Executive Director position.

Jermaine has been with the Lowcountry Food Bank for 14 years, and we look forward to celebrating his tenure in the coming weeks. Our search committee expects to welcome a new Executive Director this fall.

Mark Smith

Board Chairman

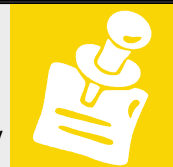
Lowcountry Food Bank



2nd Annual Farmers Table to Benefit Growing Food Locally

September 23rd marks the 2nd annual Farmer's Table supper at Habersham Marketplace in Beaufort, SC! Enjoy an evening under the stars as you feast on an all-local meal prepared by five of Beaufort's most acclaimed chefs, while sipping on craft beers, farmer-produced wines, and listening to the sweet sounds of southern bluegrass. Tickets and sponsorships are available at www.lowcountryfoodbank.org/farmerstable. Proceeds benefit our Growing Food Locally program, which allows us to purchase fresh produce from local farmers. For more information, please contact Hollis Tuma at htuma@lcfbank.org or 843-747-8146 x105.

2011 Membership Renewal



2011 Renewal Applications will be available on-line at www.lowcountryfoodbank.org, by email or direct mail, on July 15th. **AGENCIES REQUESTING PACKETS BY MAIL MUST CONTACT AGENCY SERVICES.** All renewal applications are due by August 31st, 2011 along with your annual renewal membership fee of \$50.00. Payment of renewal fee may not be combined with any other payment on your account. Please make all checks payable to the Lowcountry Food Bank.

Any applications received after August 31st will be considered late and there will be a \$15.00 late fee applied. Any agency that does not respond by September 30th will be considered closed, and may re-apply for membership. Please send in completed packets which should include application, all attachments, and membership fee. Incomplete packets will not be processed and may be subject to late fees if missing information is not submitted before August 31st due date.

For more information contact, Richard Campbell, Agency Services Coordinator, serving Beaufort, Berkeley, Charleston, Colleton, Dorchester, Hampton and Jasper, Counties at 843-747-8146 ext.115 / rcampbell@lcfbank.org or Shayla Livingston, Agency Services Coordinator, serving Georgetown, Horry, and Williamsburg Counties at 843-448-0341 / slivingston@lcfbank.org

